



CURRICULUM VITAE

Dr. Ogi Ressel

Coach: Practice Evolution Program
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Mission Statement;

To help as many people in my lifetime as I can - especially children. And train as many doctors as I can to continue this mission.

Professional Education;

Honours Bachelor of Science, University of Toronto, 1972.

Doctor of Chiropractic, Canadian Memorial Chiropractic College, Toronto, 1976.

Chiropractic Radiologist Certification, leading to Diplomate in Radiology, CMCC, 1980.

Completed certification in **Spinal Rehabilitation**, Denmark, 1994.

Involved with the **Fellowship** and **Diplomate** programs in Pediatrics with the International Chiropractic Pediatric Association, and Life University, Georgia, 1996

Post-Graduate Education;

Advanced Radiology and its Aspects
Pre-natal Care and It's Relationship to Pediatric Subluxation Patterns
Breech Turning Technique - In-Utero Constraint
Normal/Abnormal Birth & Lifetime Consequences
Examination Techniques For the Infant, Toddler and Pediatric Patient
Instrument Evaluation of the Pediatric Patient
Radiological Examination of the Pediatric Patient: Methods and Safety Considerations
Infant Adjusting
Upper Cervical Specific Technique
The Handicapped Child; Adjusting Technique
Substance Abuse; Pre-Natal and Pediatric Consideration; Sequelae to Pre-Natal Care
Neoplasms and Tumours Most Commonly Seen In The Pediatric Patient
Effects of Vaccination
Immunology
Scoliosis; Causes and Correction
Pediatric Patient Education & Family Education
Nutritional Requirements
Pre-natal & Natal Exercises
Wellness Care for Children
Vertebral Subluxation - Degeneration; Diagnosis and Health Care Consequences
Chiropractic Biophysics
Cervical Acceleration/Deceleration Injuries
Spinal Rehabilitation
Advanced Chiropractic Techniques
Thompson Terminal Point Technique

Stucky Technique
Gonstead infant and Pediatric adjusting
Biogeometrical Integration
Advanced Neurology
Research Methodology

Professional Activities;

Organized and taught a course in **Pediatrics** at the Canadian Memorial Chiropractic College in Toronto, and is regarded by most peers throughout Canada and the U.S. as a "children's doctor".

Past Clinical Supervisor at the Canadian Memorial Chiropractic College out-patient clinic.

Founded **Professional Design Group**, a Burlington based company which produces patient education materials worldwide.

Past President of the Hamilton Chiropractic Society.

Past Chairman of the Ethics and Discipline Committee for the Ontario Chiropractic Association.

Past Chairman of the Publication Committee for the Ontario Chiropractic Association.

Past consultant to Kodak of Canada.

Director of **Patient First Chiropractic & Wellness Centre**, one of the top children's and family Centers in North America

Past Instructor for the International Chiropractic Pediatric Association.

Past Instructor for the ChiroPediatric World Tour.

Past Instructor for ChiroPediatric University.

Past Guest teleconferencing instructor for the ChiroPediatric World Tour.

Guest lecturer for David Singer Enterprises.

Founded the **Practice - Start** seminar series for 4th year interns at the Canadian Memorial Chiropractic College in Toronto.

Formed the **Committee for the Freedom of Expression of Chiropractic Inc.** which challenged the College of Chiropractors of Ontario and changed their advertising policies in 1990.

Named **"Chiropractor of the Month"** in November 1997, by Drs. Patrick Gentempo & Christopher Kent of Paradigm Partners, a world renowned lecture and research firm.

Nominated for "Canadian Chiropractor of the Year" for two consecutive years.

Staff writer for **Alive Magazine**, the **Canadian Journal of Health and Nutrition**.

Staff writer for **Canada's Healthy Living Guide Magazine**

Contributing writer for **The Canadian Chiropractor** magazine.

Contributing writer for **The International Chiropractic Pediatric Association**

"Kids-First" pediatric columnist in a number of newspapers throughout the U.S. and Canada and two national health magazines..

Extensive experience and special interest in Personal Injury.

Past Council Member of the College of Chiropractors of Ontario.

Past member of the **Registration** and **Fitness To Practice Committees** of the College of Chiropractors Of Ontario.

Guest speaker at Gorilla Marketing seminars.

Director of the **Practice Evolution Program**, a children's and family practice enhancement program

Staff writer for the World Chiropractic Alliance Journal

Peer Reviewer for the Chiropractic Clinical Practice Guidelines

Professional Associations;

International Chiropractors Association.

International Chiropractic Pediatric Association.

Council on Chiropractic Pediatrics of the International Chiropractors Association.

Chiropractic Awareness Council

Member of the Ambassadors Club for the Chiropractic Leadership Alliance.

Subscribing Member of the National Vaccine Information Centre

Subscribing member of the Vaccine Risk Awareness Network

Publications;

1. Original Research Publications;

Research paper entitled "**CHIROPRACTIC AND CHILDREN: A Rationale For Care**".
Published in 1986. Int Rev Chiro

Research paper entitled "**DISC REGENERATION; Reversibility Is Possible In Spinal Osteoarthritis**". Published in 1989. Int Rev Chiro

Research paper entitled "**Infertility: A Commentary**". Dec. 2004 , J Vert Sub Res.

Research paper entitled "**Vertebral Subluxation Correlated With Somatic, Visceral, and Immune Complaints: An Analysis of 650 Children under Chiropractic Care**"
October 18, 2004, J Vert Sub Res.

Research paper entitled "**Popular Beliefs and Misconceptions in Practice.**" To be published.

2. Books;

Authored a Handbook of Anatomy donated to the CMCC library Archives.

Authored a book on Pediatrics published January, 2001 entitled, "**Kids-First: Health With No Interference. How to Raise a Healthy Child Outside the Medical Model**",
New Century Publishing, 2001

The above book was rewritten in the summer of 2006 and was re-released in May 2007.

3. Magazines;

Alive magazine; FEATURE ARTICLES;

Pregnant? See Your Chiropractor	July 1996
Chiropractic Care for Healthy Children	August 1996
Earaches and Facts on Fever	September 1997
Gut Feeling - A Natural Approach to Crohn's Disease	October 1997
Vaccine/Cancer Connection	April 1998
Preventing Scoliosis	May 1998
The Mythology of Growing Pains	September 1998
Chiropractic: Health Care of the Future	December 1998
Readin', Writin', and Ritalin	September 1999
The Integrated Chiropractic Clinic	January 2001

Infertility - Planting a Seed of Hope
Allergies - The Chiropractic Solution
Spinal Pain

February 2001
March 2001
January 2002

Alive Magazine; Kids-First Column;

Asthma Attacks
The Dirt on Dirt
Are You Poisoning Your Kids?
Ear Infections
Ritalin- Over-prescribed and Dangerous
The Prozac Problem
The Epidural
Baby Talk
Burning Up With Fever
Traumatic Birth Syndrome
Hepatitis B Vaccine
Raising A Drug-Free Family
Upper Respiratory Tract Infections
Arthritis and Spinal Degeneration
Chiropractic Solutions to Tummy Troubles
Bed Wetting - Don't Fall Victim to Marketing Ploys
Headaches
The Chiropractic Pediatric Check-up
Medical Errors
Treating Symptoms; for Health or Profit?
Infantile Colic
The World's Greatest Drug Store
Chiropractic Turns Breech Babies

January 2000
February 2000
March 2000
April 2000
May 2000
June 2000
July 2000
August 2000
September 2000
October 2000
November 2000
December 2000
January 2001
February 2001
March 2001
April 2001
May 2001
June 2001
July 2001
August 2001
September 2001
October 2001
November 2001

City Parent Magazine; Kids-First Column

Readin', 'Ritin' and Ritalin
Asthma
Bed Wetting

November 1997
October 1998
March 1998

The Canadian Chiropractor Magazine

CASE STUDY- Cyclic Vomiting Syndrome (CVS)
The Debilitating Effects of a Subluxation on a Child;
Michael: A Special Report
Readin', 'Ritin' and Ritalin
Developing a Pediatric Practice

June 1998
June 1999
December 1999
October 2002

4. Newspapers:

Burlington Post: Kids-First Column

Bed Wetting
Fever Frenzy
Scoliosis
Are You Guilty of Child Neglect
When Should You Take Your Child To a Chiropractor
Readin', 'Ritin' and Ritalin
Vaccination; Science or Myth Part 1
Ear Infections
Are You Poisoning Your Kids?
Vaccination; Science or Myth Part 11
Vaccination; Science or Myth Part 111
Vaccination; Science or Myth Part IV
Digestive Health; Crohn's Disease, Ulcerative Colitis, &
Irritable Bowel Syndrome Part I
Digestive Health; Crohn's Disease, Ulcerative Colitis &
Irritable Bowel Syndrome Part II

December 6, 1998
December 20, 1998
January 3, 1999
January 17, 1998
January, 1999
February 28, 1999
March 14, 1999
January 31, 1999
February 14, 1999
March 28, 1999
April 11, 1999
April 25, 1999
May 9, 1999

May 23, 1999

Raising Healthy, Drug-Free Kids	June 6, 1999
Types of Chiropractors	June 20, 1999
Bed Wetting	July 18, 1999
Baby Talk	August 1, 1999
Baby Talk Part II	August 15, 1999
Birth Trauma Part I	August 29, 1999
Birth Trauma Part II	September 12, 1999
Birth Trauma Part III	September 26, 1999
Asthma	October 10, 1999
Hepatitis B Vaccine	October 24, 1999
Are You Poisoning Your Kids?	November 7, 1999
DIRT	November 21, 1999
THIS 'an THAT	December 5, 1999
SANTA	December 19, 1999
Fever Frenzy	December 20, 1999
Ear Infections	January 16, 2000
Ritalin; over prescribed and dangerous	January 30, 2000
Digestive Health; Crohn's Disease, Ulcerative Colitis, And Irritable Bowel Syndrome Part 1	February 13, 2000
Digestive Health; Crohn's Disease, Ulcerative Colitis And Irritable Bowel Syndrome Part II	February 27, 2000
Vaccination; for Health or Profit?	March 12, 2000

Hamilton Spectator; Kids-First Column;

Health Begins Here...	November 20, 1997
Fever Frenzy	November 20, 1997
Ear Infections	November 29, 1997
Growing Pains	December 13, 1997
Bed Wetting	January 10, 1998
Readin', Ritin' and Ritalin	January 24, 1998
Scoliosis	February 14, 1998
Vaccination: Science or Belief? Part I	February 28, 1998
Vaccination: Science or Belief? Part II	March 14, 1999
Vaccination: Science or Belief? Part III	March 28, 1998
Raising Health Drug-Free Kids	April 18, 1998
Chiropractic can help bed wetting problems	May 9, 1998
Allergies	May 9, 1998
Asthma	May 30, 1998.

Flamborough Review; Kids-First Column;

Readin' Ritin' and Ritalin	September 1, 1999
Bed Wetting	September 15, 1999
Growing Pains	September 29, 1998
Asthma	October 13, 1999
Hepatitis B Vaccine	October 27, 1999
Dirt	November 24, 1999
This 'an That	December 8, 1999
Ritalin; Over Prescribed and Dangerous	January 29, 2000
Digestive Health; Crohn's Disease, Ulcerative Colitis & Irritable Bowel Syndrome Part I	February 9, 2000
Digestive Health; Crohn's Disease, Ulcerative Colitis & Irritable Bowel Syndrome Part II	February 23, 2000
Vaccination: for Health or Profit?	March 8, 2000
Vaccination: for Health or Profit? Part II	March 22, 2000
Vaccination: for Health or Profit? Part III	April 5, 2000
Vaccination: for Health or Profit? Part IV	April 19, 2000

5. Newsletters:

International Chiropractic Pediatric Association NEWSLETTER

CASE STUDY: Infant Apnea - A Case of Medical Mayhem and Ignorance	September 1999
The Effects of a Long-standing Subluxation,	To be published

6. Dr. Ogi's THOTS

A compilation of weekly newsletters on pediatrics and family practice issues sent to Chiropractic Doctors world-wide - some 600 or so to date.

Public Lectures Given;

1. How to Help Your Child Overcome Learning Difficulties
2. Neck, Shoulder and Arm Pain
3. Crohn's Disease, Ulcerative Colitis & Irritable Bowel Syndrome -
4. How to Handle These Naturally
5. ADHD/Ritalin Controversy - Unlabelling Your Child Hyperactive
6. Carpal Tunnel Syndrome - What Can You Do?
7. Scoliosis: No Longer Idiopathic
8. Chronic Ear Infections - How to Help Your Child Naturally
9. Bed wetting
10. Growing Pains, Leg & Knee Problems in children
11. Infertility: Simple Solutions
12. Respiratory Tract Infections In Children & Natural Solutions
13. How To Raise A Healthy, Drug-Free Child; Steps to Take
14. Asthma: How to Help Your Child Without the Damaging Effects of Steroids
15. Baby Talk: Having a Health Pregnancy
16. Infantile Colic: Simple Solutions
17. Headaches & Migraines: Options to Drugs
18. Vaccination: An Information Evening
19. Maximize Your Performance
20. Traumatic Birth Syndrome
21. PMS- Options Available To You
22. Arthritis and Disc Degeneration: Latest Research on Reversal
23. Sleeping Difficulties
24. Depression & the Prozac Controversy
25. Stress: What It Means & How to Get A Handle On It
26. The Hepatitis B Vaccine: Facts You May Not Be Aware Of
27. Wellness: What It Means and How To Get It
28. How To Be Fit While You Sit
29. Fibromyalgia - the Truth

Public Lectures on "Kids-First: Health With No Interference. How to Raise a Healthy Child Outside The Medical Model".

Chapters- Burlington	May 2, 2001
Chapters- Newmarket	May 6, 2001
Chapters- Toronto	May 6, 2001
Chapters- Etobicoke	May 8, 2001
Barnes & Noble - Williamsville, NY	May 10, 2001
Chapters- Markham	May 15, 2001
Chapters- Markham	May 15, 2001
Chapters- Guelph	May 17, 2001
Chapters- Ajax	May 22, 2001
Chapters- Hamilton	May 24, 2001
Chapters- London	May 26, 2001
Chapters- Mississauga	May 27, 2001
Chapters- Erin Mills	May 27, 2001
Chapters- Scarborough	May 29, 2001
Chapters- St. Catherines	May 31, 2001
Chapters- Oakville	Jun 7, 2001
Barnes & Noble - Savannah, Georgia	July 12, 2001
Canadian Health Food Assoc. Trade show, Metro Conv Centr	Sept 27, 2001
Indigo - Burlington	Oct, 13 2001
Chapters - Oakville	Oct. 20 2001
Barnes & Noble - Savannah, Georgia	June 28 2002
Chapters- Burlingron	Sept. 9 2003

Chapters- Erin Mills
Indigo - Burlington
Chapters- Oakville

Sept.16 2003
Sept.23 2003
Sept 30 2003

Television, Radio and Professional Appearances:

Has lectured extensively in Canada and the United States.

John Hardy Show, 12 phone-in radio shows

Guest on the **Michael Coren Live Show**, the CTS Network, a debate on the issue of Vaccination.
August 28, 2001

Guest on the **Michael Coren Live Show**, the CTS Network, Attention Deficit Hyperactivity Disorder,
Scheduled Winter

Keynote and convention speaker at numerous conventions and seminars throughout Canada and
the United States.

Current Projects;

Presently involved in an on-going research study on the reversal of spinal arthritis and disc
re-generation.

In process of completing a research paper on the chiropractic approach to people afflicted with **Crohn's
Disease, Ulcerative Colitis and Irritable Bowel Syndrome.**

Developing a regular TV show entitled **"Kids-First: Power On"** which will deal primarily with children's
health issues.

Nominated for **Chiropractor of the Year** award, August 2001 and 2002

Currently involved in obtaining a **Diplomate Degree in Pediatrics** from the International Chiropractic
Pediatric Association and Parker Chiropractic College, Texas

Presently coaching a mentoring program entitled **The Practice Evolution Program**, for doctors in the
United States, Canada, and abroad.

Community Interests;

Established a **Scholarship fund** of \$1000.00 with the Halton Board of Education for any student who
pursues Chiropractic as a career.

Member of the **Rotary Club - Paul Harris Fellow.**

Established the **Children's Health Information Centre**; a community resource centre utilized by parents
in order to become better informed about children's health issues.

Member of **Advisory** Group for the **Family Assistance and Parent Support Program.**

Involved in many **fundraises** for local charities

Supports a number of children in India and Nepal.